Using VR in Rehab

Denise Krch, PhD

Research Scientist, Traumatic Brain Injury Research Kessler Foundation

Assistant Professor, Department of Physical Medicine & Rehabilitation Rutgers - New Jersey Medical School





Traditional Rehab Evaluations and Treatments

- Lack real-life complexity and dynamic nature
 - Tests fail to detect impairments
 - Treatments limited in ability to target complex functions
- Boring and repetitive





What is Virtual Reality?



Virtual Reality

- Computer generated simulation of image or environment
- User can interact with and manipulate objects to perform actions



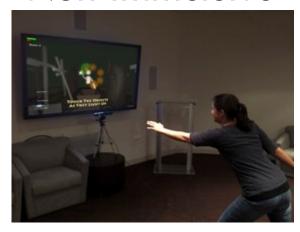


Virtual Reality

Immersive



Non-Immersive



USC Institute for Creative Technologies



Impact of VR on Rehab

- Greater ecological validity
 - Tests better able to distinguish patient groups from healthy controls
 - Treatments require patients to practice real-life skills
- Fun, motivating, gameified
 - Maximal effort
 - Improved adherence
 - Greater efficacy*





Core Principles in Development

- Constant communication between clinical team and developers
- Iterative procedures, flexible, agile





Wonderkin Wonderworks Attention Treatment







Traditional Computer Interface









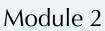
Task Switching



Module 1



Module 3





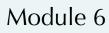


11:32

Module 5



Module 7





Module 8



Island Quest Balance Treatment







Kinect-based System

 A sensor tracks a person's body in 3D space and sends information to PC







TGERS
New Jersey Medical School

Cardiovascular Warm-up

Somatosensory

Visual-oculomotor





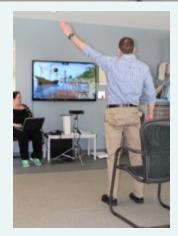


















Multisensory: Static Standing Balance Vestibular



Multisensory: Dynamic Standing Balance



Multisensory: Walking







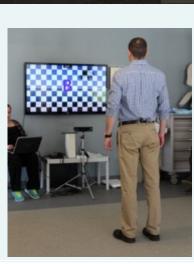






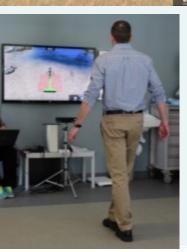
















Challenges and Future Directions





Challenges

- Validating efficacy
- Payor reimbursement
- Clinician buy-in





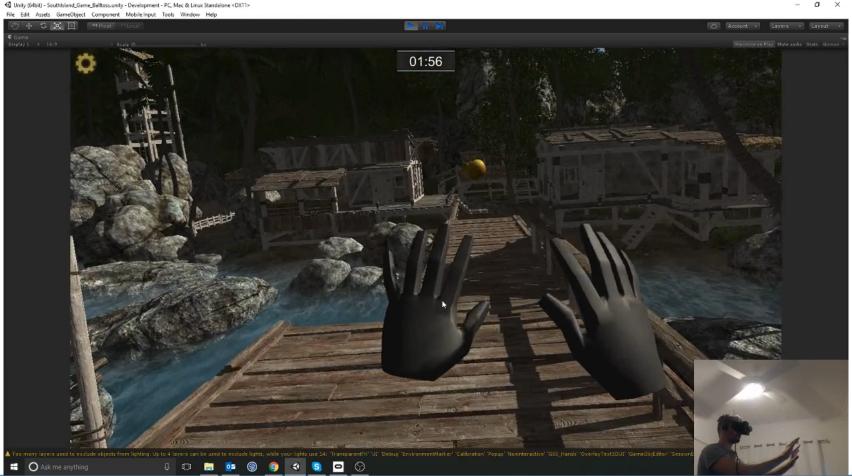
Future Directions with Current Projects

- Wonderkin Wonderworks
 - Large-scale efficacy trial
 - Commercialization
- Island Quest
 - Complete RCT
 - Implement HMD





Island Quest using HMD







Future Projects

- Spatial retraining
- Social cognition





Contributors

- Kessler Foundation Nancy Chiaravalloti, John O'Neill
- USC Institute for Creative Technologies Skip Rizzo
- Katana Simulations Pty Ltd Sebastian König
- New York University Yael Goverover
- Rehabilitation Advisory Board
 - Larry Brooks
 - René Hernandez Cardenaché
 - Gonzalo Vázquez-Casals
 - Bruce Caplan

- Gregory P. Crucian
- Sarah Raskin
- Teresa Ashman
- Lori Kostich



